FREE SAMPLE — LingoBubbo HSK 1
Learn as if a teacher were guiding you along a roadmap — made for Vietnamese learners and families of Vietnamese origin.

WEEK 1 — "What can I say now?" checklist

Foundation week: the pinyin chart + the 4 tones (learn at **lingobubbo.com/bang-pinyin/**), then Lessons 1–2.

Foundation session (before Lesson 1): pinyin chart + 4 tones — **lingobubbo.com/bang-pinyin/**

Lesson 1 — 你好 (Nǐ hǎo) • Hello: A: video/slides + word cards + tones • B: grammar + 2 dialogues + a reading • C: games + spoken practice + exercises + homework — learn at **lingobubbo.com/tieng-trung/hsk-1-bai-1**

Lesson 2 — 谢谢你 (Xièxie nǐ) • Thank you: A: video/slides + word cards + tones • B: grammar + 2 dialogues + a reading • C: games + spoken practice + exercises + homework — learn at **lingobubbo.com/tieng-trung/hsk-1-bai-2**

Each session lasts 25–35 minutes — one full lesson plan is about 60 minutes, and most families simply split it into two sittings of 25–35 minutes. Sessions still missing this week: A ☐ B ☐ C ☐ → make them up next week — don't skip lessons.

Say each sentence out loud and rate yourself

	Can't say it yet	Can say it while looking at the model	Can say it naturally, without looking
Greet your teacher properly: 老师好！ Lǎoshī hǎo!	☐	☐	☐
Greet an older person respectfully: 您好！ Nín hǎo!	☐	☐	☐
Greet a whole group of friends: 你们好！ Nǐmen hǎo!	☐	☐	☐
Thank someone — and reply to thanks: 谢谢！— 不客气。 Xièxie! — Bú kèqi.	☐	☐	☐
Apologise — and reply to an apology: 对不起！— 没关系。 Duìbuqǐ! — Méi guānxi.	☐	☐	☐
Read 你好 with the 3rd + 3rd tone change: 你好 (read: ní hǎo) nǐ hǎo → ní hǎo	☐	☐	☐
Say a simple negative sentence with 不: 我不去。 Wǒ bú qù.	☐	☐	☐
Say goodbye to your teacher: 再见，老师！ Zàijiàn, lǎoshī!	☐	☐	☐

End-of-week mini-test — 5 questions (circle the correct answer)

Question 1. The most natural way to greet your teacher is:
A. 老师好！ B. 你好。 C. 谢谢！ D. 再见！

Question 2. The best reply to "谢谢！" is:
A. 不客气。 B. 没关系。 C. 再见。 D. 对不起。

Question 3. In "不客气", the word 不 is read as:
A. bù (4th tone) B. bǔ (3rd tone) C. bú (2nd tone) D. bu (neutral tone)

Question 4. Someone says "对不起！". You reply:
A. 谢谢。 B. 你好。 C. 没关系。 D. 不客气。

Question 5. Which sentence means "I am not a student"?
A. 不是我学生。 B. 我是学生。 C. 我不是学生。 D. 我不学生是。

The answers are on the back of this sample — finish first, then peek.

Learner's signature / Parent's signature: _____ Date: ____ / ____ / _____

✦ EXCLUSIVE WORKBOOK PAGE — only in the paid package; this sample page is included for you to try

WEEK 1 — Exclusive Workbook

Exercise 1 — Fill in the dialogue

Choose a word from the box to fill each blank. Use each word once.

没关系 · 不客气 · 再见

1. A：对不起！　B：____，请坐。
2. A：谢谢你们！　B：____。
3. A：老师，____！　B：再见！

Exercise 2 — Put the words in the right order

Arrange the words into a complete sentence, then write out the whole sentence.

1. 朋友 / 好　→ _____
2. 谢谢 / 你们　→ _____
3. 谢谢 / 你　→ _____

This week’s Hanzi writing practice

Look at the faint model character, then write it in the empty boxes — once per box, slowly and in the correct stroke order.

好 hǎo · good, fine · 6 strokes (Lesson 1)　好

你 nǐ · you · 7 strokes (Lesson 1)　你

不 bù · not (negation) · 4 strokes (Lesson 2)　不

🎙 Speaking challenge of the week

Week 1 speaking challenge — “The full greeting set”: say 4 sentences in a row without looking at the page: greet your teacher (respectfully), greet a friend, say thank you, and say goodbye.

☐ I completed this week’s speaking challenge · Listener: _____ · Date: ____ / ____ / _____

✦ NEW — A TASTE OF THE REAL LESSON: the dialogue below is Lesson 1 on the website, word for word

Lesson 1 — 你好 (Nǐ hǎo · Hello): the real dialogue

On the website, every lesson is built around a real dialogue like this one — "In the Chinese classroom" — with Hanzi, pinyin and English side by side, and a 🔊 button on every single line:

A 老师好！
Lǎoshī hǎo! Hello, teacher!

B 你好！请坐。
Nǐ hǎo! Qǐng zuò. Hello! Please sit down.

A 谢谢老师！
Xièxie lǎoshī! Thank you, teacher!

B 不客气。你们好！
Bú kèqi. Nǐmen hǎo! You're welcome. Hello, class!

A 对不起，老师！
Duìbuqǐ, lǎoshī! I'm sorry, teacher!

B 没关系。
Méi guānxi. That's all right.

🔊 **Listen free, right now:** open the lesson page and tap 🔊 next to any line — **lingobubbo.com/tieng-trung/hsk-1-bai-1**

Reading this sample on a screen? Play Dialogue line 1 ("老师好！") directly: **lingobubbo.com/wp-content/uploads/2026/10/hsk1_l01_s1d01.mp3**

Around this dialogue, the full Lesson 1 page also gives you: picture vocabulary (8 words) · the four tones with audio · grammar and sentence patterns · a famous movie line to copy · quick cards · an 8-question end-of-lesson quiz with a full answer key · and homework from easy to hard (matching, fill-in, multiple choice, a role-play with a model answer, free writing and extra practice).

This dialogue is the free website lesson — the paid roadmap adds the weekly checklist, the exclusive Workbook page and the flashcards you see in the rest of this sample.

10 sample flashcards — Lesson 1: 你好 (Nǐ hǎo • Hello)

Print this page, cut along the frames, and fold in half if you want the meaning on the back. Study the full lesson + listen to the audio at **lingobubbo.com/tieng-trung/hsk-1-bai-1**

你好 nǐ hǎo hello	**您好** nín hǎo hello (respectful)
好 hǎo good, fine	**你** nǐ you
您 nín you (respectful)	**你们** nǐmen you (plural)
对不起 duìbuqǐ to be sorry	**没关系** méiguānxi that’s OK, it doesn’t matter
谢谢 xièxie thank you	**老师** lǎoshī teacher

The last card, 老师 (teacher), comes from Lesson 1’s dialogue and model sentences.

Answers — Week 1 mini-test (page 1): 1. A • 2. A • 3. C • 4. C • 5. C

Answers — Week 1 Workbook (page 2): Exercise 1: 1. 没关系 • 2. 不客气 • 3. 再见
Exercise 2: 1. 朋友好! • 2. 谢谢你们! • 3. 谢谢你!

Want to keep going? Free pinyin chart: **lingobubbo.com/bang-pinyin/** • The full 90-day HSK 1 roadmap (12 weeks, 12 checklists + 12 exclusive Workbook pages): the 3-month Trial package on **lingobubbo.com**